

## Chairman's Report 2018

### Milton Keynes Prostate Cancer Support Group

Guests of Honour, Ladies & Gentlemen

It gives me great pleasure and honour to submit my report to the members of MKPCS group, I would like to take this opportunity to thank you all, for your valued support and recognition throughout the year. A special thank you goes out to our patrons Mr Henry Andrews and Mr Tom Leslie for their valuable support and encouragement. We Really appreciate it.

As a support group, we have enjoyed talks from a variety of speakers who complemented their presentations with a useful question & answer session. I'll just mention a few.

#### **March 2018**, Current Prostate Cancer Research

Presented by Professor Andrew Prothero - director Clinical Research Network, Thames Valley and South Midlands, associate Professor in Urology and Consultant in Medical Oncology.

The meeting was also addressed by Roger Wotton, Chairman of Tackle, who gave information on his recent activities and introduced Tackle's fundraising campaign, Cycle to the Moon.

**February 2018** - Visit to Pathology Labs at Milton Keynes University Hospital  
17 People joined the visit to see how Prostate Biopsies and PSA Blood Tests are carried out.

#### **April 2018** - Man MOT and Exercise

Presentations by Rob Cornes, Orchid Male Cancer Information Nurse, and Nicola MacKinnon, Specialist Physiotherapist, Willen Hospice.

#### **May 2018**- Meet and Chat Event

This provided an opportunity for members to get together and talk about their experiences and feelings about prostate cancer in a relaxed environment.

**May 2018**- Awareness Presentation for Newport Pagnell Rotary Club  
Presented by Sam Younan and David Buckley.

#### **June 2018**- The Dark Side of the Genome and the latest research into Liquid Biopsy diagnosis for Prostate Cancer

Rebecca Mather from the Open University gave a presentation on current developments. This was very well received, although attendance was depleted, probably owing to the Soccer World Cup. However, all agreed that it would be worthwhile to have a follow up presentation in a year's time.

**July 2018**- An update on cancer services and care at MKUH

Sally Burnie, Head of Cancer Services. Milton Keynes University Hospital gave a presentation on progress of the new cancer centre. She was accompanied by Sophie Austin, Specialist Cancer Dietician, and Angela Shelrick, Recovery Manager. The three presentations led to a lively discussion and Q & A session.

**October 2018**- Our Annual PSA Blood Test Event took place at the Fishermead Trinity Centre, surprisingly only, Fifty-Three men turned up to be tested. A big thank you to all who helped at this event.

**October 2018**- Presentation by Sue Bowering of Carers MK  
Sue treated us to an excellent presentation on the work of Carers MK in the community. The meeting concluded with an open forum to discuss and exchange experiences with diagnosis and treatment of prostate problems.

We maintain a very good and healthy relation with MKCPP, Milton Keynes Cancer Patient Partnership and Tackle. We are proud to be recognised officially by PCUK as their partner.

We have very stable and healthy account, thanks to our treasurer David Tomlinson who keeps a very tight control on all expenditures. Special thank you goes out to Tim Thornton who audited the account for us.

I would like to take this opportunity in thanking all our committee members, who put in a lot of time and effort keeping this group growing stronger and providing as much support as possible for the community.

Finally, with great sadness our secretary Maria Buckley has had to give up her post due to ill health.

I really don't know where to begin, Maria was the architect in creating this group, with the help and encouragement from both Mr Henry Andrews and Mr Tom Leslie. she put her heart and soul since the birth of this group 3 & 1/2 years ago, Maria worked continuously to get us where we are now, we all wish her a speedy recovery and a big Thank you and hope to see her back soon.

Thank you

Sam Younan