

Chairman's Report 2023
Milton Keynes Prostate Cancer Support Group

I am pleased to submit the annual report to the members of the MKPCS Group. As you are aware, Sam Younan stepped down as our chairman this year and we have not yet appointed anyone in this full-time role. I have therefore worked closely with David Wiggins, Treasurer, to compile this report.

We have seen a number of changes to the committee this year.

Sam Younan stepped down as chairman and was appointed instead as an ambassador of our group. Lorraine Belam and Osei Tuto Bonsu also had to step down for personal reasons and Christiana Lewis will also be leaving the committee at the end of this year.

We welcomed Chris Monk, Haydn Sinfield and Malcolm Carpenter to the committee, and they have already made a huge difference bringing great ideas and introducing networks which benefit our group including the introduction of a dedicated phone number which has proved very successful.

David Wiggins remains Treasurer, and I have been appointed as Secretary. We continue to benefit from the experience and support of David Tomlinson and David Buckley who have been instrumental in building this group since its inception in 2014 and Ted Skone who organises all of our meeting rooms and refreshments.

A special thankyou goes out to every single person who has been on our committee this year. They have worked so hard and given an enormous amount of their personal time in supporting our efforts.

I would also like to thank Keith Temple and David Jordan from our membership who kindly helped to support at events throughout the year and Christine Sinfield who has given up a huge amount of her time to support us in many ways.

We have enjoyed talks from a variety of speakers who gave presentations and took questions from the group.

13 February 2023

Sarah Gray, Tackle

15th May 2023

Juliet Nayler, Macmillan Senior Sister

10th July 2023

Sonpreet Rai, Consultant Urological and Robotic Surgeon

11th September 2023

Emelda Moos, Urology

9th October 2023

Srinivasa Rajamani, Macmillan Wellbeing team

13th November 2023

Tom Leslie, Urology Consultant and Patron of our group

We have also attended a number of events to raise awareness and fundraising:

30th March 2023

Lovatt Fields Wellbeing Event

15th April 2023

Friends of the Caribbean meeting

30th April 2023

Kwahuman meeting

1st May 2023

May Day Fayre at Leighton Buzzard

10th May 2023

Shenley Wood Wellbeing Event

28th July 2023

Abbey Hill Quiz Night

19th October 2023

Woburn and District Rotary Club

9th November 2023

MK Action

We have participated in the Milton Keynes Cancer Forum on a regular basis as that group has evolved this year refining its purpose and even changing its name – special thanks to Haydn Sinfield for being our regular representative.

Finally, our key event of the year was the **PSA testing event** which was held on **19th November 2023**. This was again hosted by Windmill Hill Golf Club. The event was sponsored through very generous donations from:

TC Solutions

Linslade Rotary Club

Abbey Hill Golf Club

285 tests were carried out. The event was very well organised as always and our thanks to the Graham Fulford Cancer Trust for their professional services. We were very pleased to welcome the Mayor Mick Legg, who called in to support the event. We received a number of donations on the day, not least from the Windmill Hill Golf Club so our thanks for the generosity to all, which will help us to continue our work into 2024.

I would like to take this opportunity to thank everyone involved in the Milton Keynes Prostate Cancer Support Group – we have grown even stronger this year and I know how valuable the contributions from each and every one of you, are to our community.

Thank you

Joanne Baker – Secretary MKPCS Group